

Strong Foundations Charter School

Lunch Menu

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Prices: Full: \$1.70 Reduced: Free Lunch Prices: Full: \$2.95 Reduced: \$.40	Breakfast Served Daily: Assorted Cereal Fruit of Day Fruit Juice Milk All meals include Fruit/Veggie of Day Milk Choice: 1% White or Fat Free Chocolate	Yogurt Boat: Yogurt Cereal Animal Crackers Cheese Stick Fruit/Veggie of Day Juice Milk	1 Baked Pancakes w/Syrup Ham Slices Veggie Beans Mixed Fruit Cup Or Yogurt Boat	2 Stuffed Crust Pizza Garden Salad Pineapple Cup Or Yogurt Boat
5 Crispy Chicken Burger Lettuce/Tomato/Pickles Pear Cup Or Yogurt Boat	6 Homemade American Chop Suey Dinner Roll Green Beans Peach Cup Or Yogurt Boat	7 Chicken and Cheese Quesadilla Lettuce/Tomato/Salsa Apple Or Yogurt Boat	8 Cinnamon Toast Sticks Ham Slices Veggie Beans Banana Or Yogurt Boat	9 NO SCHOOL
12 NO SCHOOL	13 Homemade Shepard's Pie Dinner Roll Kernel Corn Orange Slices Or Yogurt Boat	14 Cheeseburger on Bun Lettuce/Tomato/Pickles Baked Fries Raisins Or Yogurt Boat	15 Baked Waffles w/Syrup Ham Slices Veggie Beans Applesauce Or Yogurt Boat	16 French Bread Pizza Baby Carrots Pear Or Yogurt Boat
19 Chicken Tenders Dinner Roll Kernel Corn Mandarin Oranges Or Yogurt Boat	20 Beef Nachos Lettuce/Tomato/Salsa Grapes Or Yogurt Boat	21 Toasted Grilled Cheese Tomato Slices Mixed Fruit Cup Or Yogurt Boat	22 Ham, Egg, Cheese English Muffin Hash Brown Veggie Beans Craisins Or Yogurt Boat	23 Pizza Max Sticks w/Marinara Steamed Broccoli Apple Or Yogurt Boat
26 Spooky Bat Chicken Nuggets Dinner Roll Baked Fries Garden Salad Pineapple Cup Or Yogurt Boat	27 Homemade Mac/Cheese Dinner Roll Mixed Veggie Blend Pear Cup Or Yogurt Boat	28 Hot Dog on Bun Coin Carrots Tator Tots Peach Cup Or Yogurt Boat	29 Confetti Pancakes w/Syrup Ham Slices Veggie Beans Kiwi Or Yogurt Boat	30 Pizza Slice Cucumber Sticks Banana Or Yogurt Boat

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.