Strong Foundations Charter School Lunch Menu September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	Turkey and Cheese Sandwich Baby Carrots Apple Or Yogurt Boat	Cheeseburger on Bun Lettuce/Tomato/Pickle Raisins Or Yogurt Boat	Pancakes w/Syrup Ham Slices Veggie Beans Applesauce Or Yogurt Boat	Stuffed Crust Pizza Steamed Broccoli Orange Slices Or Yogurt Boat
8	9	10	11	12
Crispy Chicken Burger Sweet Potato Pear Cup Or Yogurt Boat	Shepard's Pie Dinner Roll Coin Carrot Peach Cup Or Yogurt Boat	Chicken and Cheese Wrap Lettuce/Tomato/Pickel Mixed Fruit Cup Or Yogurt Boat	Egg, Ham, Cheese Croissant Hash Brown Veggie Beans Grapes Or Yogurt Boat	Baked Mozzarella Sticks w/Marinara Dinner Roll California Blend Kiwi Or Yogurt Boat
15	16	17	18	19
Popcorn Chicken Dinner Roll Baked Fries Apple Slices Or Yogurt Boat	Beef Nachos Lettuce/Tomato/Salsa Peach Cup Or Yogurt Boat	Hot Dog on Bun Cole Slaw Blueberry Cup Or Yogurt Boat	Baked Waffles w/Syrup Ham Slices Veggie Beans Applesauce Or Yogurt Boat	Pizza Round Red Pepper Slices Banana Or Yogurt Boat
22	23	24	25	26
Chicken Nuggets Dinner Roll Coin Carrots Pineapple Cup Or Yogurt Boat	Homemade Mac and Cheese Dinner Roll Green Beans Pear Or Yogurt Boat	Toasted Grilled Cheese Sandwich Tomato Slices Peach Cup Or Yogurt Boat	Cinnamon Toast Sticks Ham Slices Veggie Beans Mixed Fruit Cup Or Yogurt Boat	Pizza Max Sticks w/Marinara Steamed Broccoli Applesauce Or Yogurt Boat
29	30	Breakfast Prices: Full: \$1.70	Meals Include:	Breakfast Served Daily: Entree
Chicken Tenders Dinner Roll Garden Salad Orange Slices Or Yogurt Boat	Spaghetti and Meatsauce Dinner Roll Kernel Corn Strawberry Cup Or Yogurt Boat	Reduced: Free Lunch Prices: Full: \$2.95 Reduced: \$.40	Fruits/Veggies Milk Choice: 1% White or Fat Free Chocolate	Fruit Juice Milk Yogurt Boat: Cereal Yogurt Cheese Stick Animal Crackers Fruit/Veggie of Day Juice Milk

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.