

Strong Foundations Charter School

Lunch Menu

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Crispy Chicken Burger Lettuce/Tomato/Pickle Mixed Fruit Cup Or Yogurt Boat	Pasta and Meatsauce Dinner Roll Green Beans Orange Slices Or Yogurt Boat	Turkey and Cheese Sandwich Baby Carrots Apple Or Yogurt Boat	Baked Pancakes w/Syrup Ham Slices Veggie Beans Blueberries Or Yogurt Boat	Stuffed Crust Pizza Steamed Broccoli Pear Cup Or Yogurt Boat
10	11	12	13	14
Baked Chicken Tenders Baked Fries Garden Salad Kiwi Or Yogurt Boat	No School	Hot Dog on Bun Sweet Potato Peach Cup Or Yogurt Boat	Cinnamon Toast Sticks Ham Slices Veggie Beans Applesauce Or Yogurt Boat	French Bread Pizza Red Pepper Slices Banana Or Yogurt Boat
17	18	19	20	21
Popcorn Chicken Baked Fries Raisins Or Yogurt Boat	Thanksgiving Turkey Dinner Dinner Roll Mashed Potato/Gravy Coin Carrot Grapes or Yogurt Boat	Toasted Grilled Cheese Tomato Slices Pineapple Cup Or Yogurt Boat	Baked Waffles/w Syrup Ham Slices Veggie Beans Strawberries Or Yogurt Boat	Pizza Round Broccoli/Cauliflower Mandarin Oranges Or Yogurt Boat
24	25	26	27	28
Turkey Shaped Nuggets Dinner Roll Kernel Corn Pear Or Yogurt Boat	Chicken Nachos Lettuce/Tomato/Salsa Apple Or Yogurt Boat	No School	No School	No School
	Breakfast Served Daily Includes: Entrée Fruit Juice Milk	Breakfast Prices: Full: \$1.70 Reduced: Free Lunch Prices: Full: \$2.95 Reduced: \$.40	Meals Include: Fruits/Veggies Milk Choice: 1% White or Fat Free Chocolate	Yogurt Boat: Cereal Yogurt Cheese Stick Animal Crackers Fruit/Veg of Day Juice Milk

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.