

Illness Policy:

It is important for the health of all students, staff and families that you keep your child home when sick. It is appropriate to keep your child home from school for the following reasons:

FEVER: Any temperature greater than 100° F is considered a fever. Children should be **fever free without medication for 24 hours before returning to school.** Please note that a child who exhibits symptoms of illness without a fever may be sent home if school personnel feel it is in the best interest of the child and/or the child's classmates.

INFECTIONS: If your health care provider has prescribed antibiotics, your child needs to remain home for at least **24 hours after starting the antibiotics.**

CONTAGIOUS DISEASES: **Keep your child home if he/she has a contagious disease** that can infect others, such as chicken pox, influenza, whooping cough or gastroenteritis.

CONJUNCTIVITIS: If your child shows signs of conjunctivitis; aka "pink eye" (white or yellow drainage from the eye, crusty eyes, and/or redness of the eyelid or skin surrounding the eye) keep your child home and contact your child's physician. **It is important that your child not return to school until he/she has been on antibiotic therapy for 24 hours.**

COLDS: Children with an upper respiratory infection without a fever may attend school if they feel well enough to do so. If your child has a consistently goopy, runny nose and/or a bad cough; one that you wouldn't want your well child to be exposed to; you should not send your child to school.

VOMITING: **Do not send your child to school if he/she has vomited within the last 24 hours.** Your child should be feeling well for 24 hours before returning to school.

DIARRHEA AND/OR BLOODY DIARRHEA: If your child has diarrhea, keep him/her home until the diarrhea is resolved. Some diarrhea may be related to bacteria or viruses. You should contact your health care provider if your child has severe or bloody diarrhea.

HEAD LICE: Strong Foundations has a "**No Nit Policy**". Children with head lice need to remain home until they have been treated and there are no live lice, and all nits (eggs) have been removed. For more information on head lice and treatments, see the following website: <http://kidshealth.org>

RASH: Keep your child home if he/she has a rash associated with fever or severe itching.

We encourage you to seek medical attention for your children when they are ill. Please do not send ill children to school. Parents will be contacted if your child becomes ill at school. Please make certain that Strong Foundations has your most recent contact information so we may reach you.