

Strong Foundations Charter School

Lunch Menu

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Daily: Entrée Fruit Juice Milk Yogurt Boat: Cereal Yogurt Cheese Stick Animal Crackers Fruit/Veggie of Day Juice Milk	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 NO SCHOOL	8 Turkey and Cheese Sandwich Lettuce/Tomato/Pickle Apple Or Yogurt Boat	9 Cheeseburger on Bun Lettuce/Tomato/Pickle Baked Fries Orange Slices Or Yogurt Boat	10 Baked Pancakes w/Syrup Ham Slices Veggie Beans Peach Cup Or Yogurt Boat	11 Mozzarella Sticks w/Marinara Dinner Roll Cucumber Slices Raisins Or Yogurt Boat
14 Crispy Chicken Burger Sweet Potato Apple Or Yogurt Boat	15 Homemade Mac & Cheese Dinner Roll Green Beans Cran Raisins Or Yogurt Boat	16 Hot Dog on Roll Cole Slaw Baked Fries Mandarin Oranges Or Yogurt Boat	17 Ham, Egg, Cheese Croissant Hash Brown Veggie Beans Raisins Or Yogurt Boat	18 Pizza Round Garden Salad Pineapple Cup Or Yogurt Boat
21 Chicken Tenders Dinner Roll Green Peas Mixed Fruit Cup Or Yogurt Boat	22 Homemade Spaghetti and Meatsauce Dinner Roll Steamed Broccoli Pear Or Yogurt Boat	23 Toasted Grilled Cheese Sliced Tomatoes Peach Cup Or Yogurt Boat	24 Baked Waffles w/Syrup Ham Veggie Beans Strawberries Or Yogurt Boat	25 Pizza Max Sticks w/Marinara Red Pepper Slices Orange Slices Or Yogurt Boat
28 Popcorn Chicken Dinner Roll Kernel Corn Raisins Or Yogurt Boat	29 Beef Nachos Lettuce/Tomato/Salsa Banana Or Yogurt Boat	30 BBQ Rib Sandwich Baked Fries Coin Carrots Grapes Or Yogurt Boat	Breakfast Prices: Full: \$1.70 Reduced: Free Lunch Prices: Full: \$2.95 Reduced: \$.40	Meals Include: Fruits/Veggies Milk Choice: 1% White or Fat Free Chocolate

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.