

Strong Foundations Charter School

Lunch Menu

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Prices: Full: \$1.70 Reduced: Free Lunch Prices: Full: \$2.95 Reduced: \$.40 Milk Choice 1% White or Fat Free Chocolate	Yogurt Boat: Cereal Yogurt Cheese Stick Animal Crackers Fruit/Veggie of Day Fruit Juice Milk	1 Chicken and Waffles Coin Carrots Watermelon Or Yogurt Boat	2 Pancakes w/Syrup Ham Slices Veggie Beans Blueberries Or Yogurt Boat	3 French Bread Pizza Red Peppers Slices Apple Or Yogurt Boat
6 Popcorn Chicken Mashed Potato Green Beans Mixed Fruit Cup Or Yogurt Boat	7 American Chop Suey Dinner Roll Broccoli Peach Cup Or Yogurt Boat	8 Warm Chicken/Cheese Quesadilla Lettuce/Tomato/Salsa Pineapple Or Yogurt Boat	9 Turkey Sausage, Egg and Cheese Pocket Ham Slices Veggie Beans Pear Cup Or Yogurt Boat	10 No School
13 No School	14 Sliced Turkey Mashed Potato Gravy Dinner Roll Green Beans Applesauce Or Yogurt Boat	15 Cheeseburger on Bun Lettuce/Tomato/Pickles Grapes Or Yogurt Boat	16 Baked Waffles w/Syrup Ham Slices Veggie Beans Banana Or Yogurt Boat	17 Pizza Slice Baby Carrots/Cucumber Slices Raisins Or Yogurt Boat
20 Chicken Tender Basket Dinner Roll Sweet Potato Cantaloupe Or Yogurt Boat	21 Cheeseburger Mac & Cheese Dinner Roll Garden Salad Pear Or Yogurt Boat	22 Hot Dog on Bun Broccoli Slaw Mandarin Oranges Or Yogurt Boat	23 Cinnamon Toast Sticks Ham Slices Veggie Beans Strawberry Cup Or Yogurt Boat	24 Baked Mozzarella Sticks w/Marinara Dinner Roll Kernel Corn Orange Slices Or Yogurt Boat
27 Pizza Max Sticks w/Marinara Cauliflower/Broccoli Mixed Fruit Cup Or Yogurt Boat	28 Chicken Nachos Lettuce/Tomato/Salsa Pear Cup Or Yogurt Boat	29 Toasted Grilled Cheese Tomato Slices Peach Cup Or Yogurt Boat	30 Egg, Ham, Cheese English Muffins Veggie Beans Applesauce Or Yogurt Boat	31 Bat Chicken Nuggets Dinner Roll Baked Fries Grapes or Yogurt Boat

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.